



# thoughtsmiths

GROWING AWARENESS, ALIGNING ACTION

## Anne Heslop and Dr Nicola Graham invite you to attend: THE ENNEAGRAM for Leaders, Managers and Coaches

The word Enneagram comes from the Greek 'Ennea' (nine) and 'gram' (something written or drawn). The Enneagram is depicted as a circle with 9 points placed around its circumference. Each of the 9 Enneagram styles has a different pattern of thinking, feeling and acting that arises from a deeper inner motivation or worldview. Each type offers distinct strategies for relating to the self, others and the world.

During this workshop you will learn how to engage with this powerful tool for personal and collective transformation. You will discover ways to use this sense-making framework to explore your real essence, self-image, worldview, blind spots, defence mechanisms, values and virtues; and identify your own unique roadmap for development.



### How does it benefit us?

#### Individually

- Creates extraordinary awareness of our own motivation
- Heightens consciousness
- Improves understanding of core emotional issues and barriers
- Reveals pathways to higher levels of integration and wholeness
- Raises engagement and effectiveness

## Teams and Organisations

- Creates a language for powerful conversations
- Raises levels of engagement
- Provides a sense-making framework to address challenges and opportunities
- Builds authentic insightful leadership
- Enhances motivation and productivity
- Enables teams to tap the strengths of each team member
- Reduces blame and judgement – builds understanding and tolerance

## Coaches

- Fast tracks meta-awareness of the client
- Offers scope for powerful questions related to the specific Enneagram type
- Deepens insight for the client
- Fosters trust and intimacy through understanding
- Facilitates insightful traction of growth and development

## What does the course include?

- An Enneagram questionnaire and individualised report
- A 1 hour individual debrief on Skype with an accredited Enneagram practitioner to unpack the report and understand your Ennea-style more deeply.
- 2 Days of face-to-face training
- Certification of 15 ICF Continuing Coach Education units (Resource Development)

Day 1: Understanding the Enneagram

Day 2: Applications of the Enneagram – personally and organisationally

**Cost:** Standard: \$350 (Closing date 30 April 2017)      Early bird: \$300 (by 17 March 2017)

**Date:** 22-23 May 2017

**Venue:** Delhi, India. Venue to be confirmed.

### About the Facilitators:

Anne Heslop and Dr Nicola Graham are both experienced ICF accredited coaches and accredited Enneagram practitioners, who use and teach the Enneagram extensively with individuals, teams and organisations. They look forward to welcoming you!

## What to do next?

If you are interested in attending or getting more information, please contact Anne at [anne@anneheslop.co.za](mailto:anne@anneheslop.co.za).